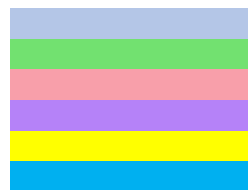


# Programme Lilika Premier Semestre 2021

| Janvier |   | Février |   | Mars |   | Avril |   | Mai |   | Juin                       |    |   |                    |
|---------|---|---------|---|------|---|-------|---|-----|---|----------------------------|----|---|--------------------|
| 1       | V | 1       | L | 1    | L | 1     | J | 1   | S | Week-end                   | 1  | M | Vétodyssée         |
| 2       | S | 2       | M | 2    | M | 2     | V | 2   | D | Zarautz-Deba               | 2  | M | Bayonne à Arcachon |
| 3       | D | 3       | M | 3    | M | 3     | M | 3   | L |                            | 3  | J |                    |
| 4       | L | 4       | J | 4    | J | 4     | J | 4   | D | Okabe                      | 4  | D |                    |
| 5       | M | 5       | V | 5    | V | 5     | V | 5   | L | Barthes Saubusse           | 5  | L |                    |
| 6       | M | 6       | S | 6    | S | 6     | S | 6   | M |                            | 6  | M |                    |
| 7       | J | 7       | D | 7    | D | 7     | D | 7   | V |                            | 7  | V |                    |
| 8       | V | 8       | L | 8    | L | 8     | L | 8   | J | Hoxa Mendi Azkonbegi       | 8  | J |                    |
| 9       | S | 9       | M | 9    | M | 9     | M | 9   | V |                            | 9  | V |                    |
| 10      | D | 10      | M | 10   | M | 10    | M | 10  | S |                            | 10 | S |                    |
| 11      | L | 11      | J | 11   | J | 11    | J | 11  | D |                            | 11 | D |                    |
| 12      | M | 12      | V | 12   | V | 12    | V | 12  | L | VOYAGE MALLORCA (BALÉARES) | 12 | L |                    |
| 13      | M | 13      | S | 13   | S | 13    | S | 13  | M |                            | 13 | M |                    |
| 14      | J | 14      | D | 14   | D | 14    | D | 14  | M |                            | 14 | M |                    |
| 15      | V | 15      | L | 15   | L | 15    | L | 15  | J |                            | 15 | J |                    |
| 16      | S | 16      | M | 16   | M | 16    | M | 16  | V |                            | 16 | V |                    |
| 17      | D | 17      | M | 17   | M | 17    | M | 17  | S |                            | 17 | S |                    |
| 18      | L | 18      | J | 18   | J | 18    | J | 18  | D |                            | 18 | D |                    |
| 19      | M | 19      | V | 19   | V | 19    | V | 19  | L |                            | 19 | L |                    |
| 20      | M | 20      | S | 20   | S | 20    | S | 20  | M |                            | 20 | M |                    |
| 21      | J | 21      | D | 21   | D | 21    | D | 21  | J |                            | 21 | J |                    |
| 22      | V | 22      | L | 22   | L | 22    | L | 22  | V |                            | 22 | V |                    |
| 23      | S | 23      | M | 23   | M | 23    | M | 23  | S |                            | 23 | S |                    |
| 24      | D | 24      | M | 24   | M | 24    | M | 24  | D |                            | 24 | D |                    |
| 25      | L | 25      | J | 25   | J | 25    | J | 25  | L |                            | 25 | L |                    |
| 26      | M | 26      | V | 26   | V | 26    | V | 26  | M |                            | 26 | M |                    |
| 27      | M | 27      | S | 27   | S | 27    | S | 27  | J | Musculdy                   | 27 | J |                    |
| 28      | J | 28      | D | 28   | D | 28    | D | 28  | M |                            | 28 | M |                    |
| 29      | V | 29      | L | 29   | L | 29    | L | 29  | J | Arradoy                    | 29 | J |                    |
| 30      | S | 30      | M | 30   | M | 30    | M | 30  | V |                            | 30 | V |                    |
| 31      | D | 31      | M | 31   | M | 31    | M | 31  | L |                            | 31 | L |                    |



Raquette  
 Randonnée niveau 1  
 Randonnée niveau 2  
 Randonnée niveau 3  
 Trail  
 VTC

# Programme Lilika Deuxième Semestre 2021

| Juillet |   | Août                |      | Septembre                      |      | Octobre            |      | Novembre                 |      | Décembre                   |      |
|---------|---|---------------------|------|--------------------------------|------|--------------------|------|--------------------------|------|----------------------------|------|
| 1       | J |                     | 1 D  |                                | 1 M  |                    | 1 V  |                          | 1 L  |                            | 1 M  |
| 2       | V | Lacs du Néouvielle  | 2 L  | Pic d'Orhi                     | 2 J  |                    | 2 S  |                          | 2 M  |                            | 2 J  |
| 3       | S |                     | 3 M  |                                | 3 V  |                    | 3 D  |                          | 3 M  |                            | 3 V  |
| 4       | D |                     | 4 M  | Séjour Des Lacs en Aragon      | 4 S  |                    | 4 L  | Autza                    | 4 J  |                            | 4 S  |
| 5       | L |                     | 5 J  |                                | 5 D  |                    | 5 M  | Journée Patxaran         | 5 V  |                            | 5 D  |
| 6       | M | Peñas de Itsusi     | 6 V  |                                | 6 L  |                    | 6 M  |                          | 6 S  | VOYAGE LA PALMA (CANARIES) | 6 L  |
| 7       | M |                     | 7 S  |                                | 7 M  | Alkuruntz          | 7 J  |                          | 7 D  |                            | 7 M  |
| 8       | J |                     | 8 D  |                                | 8 M  |                    | 8 V  | GR10 de Garazi à logibar | 8 L  |                            | 8 M  |
| 9       | V |                     | 9 L  | Harpéa Sources de la Nive      | 9 J  | Ehujarre           | 9 S  | Couleurs d'automne       | 9 M  |                            | 9 J  |
| 10      | S |                     | 10 M | Trail Okabe Egurgi             | 10 V |                    | 10 D |                          | 10 M |                            | 10 V |
| 11      | D |                     | 11 M |                                | 11 S |                    | 11 L |                          | 11 J |                            | 11 S |
| 12      | L | Pic d'Anie          | 12 J |                                | 12 D |                    | 12 M |                          | 12 V |                            | 12 D |
| 13      | M |                     | 13 V |                                | 13 L |                    | 13 M |                          | 13 S |                            | 13 L |
| 14      | M | Aldudes Zarkindegia | 14 S |                                | 14 M |                    | 14 J | Artikutza                | 14 D |                            | 14 M |
| 15      | J | Menditxuri          | 15 D |                                | 15 M |                    | 15 V |                          | 15 L |                            | 15 M |
| 16      | V | Mendaur             | 16 L | Larla                          | 16 J | Tour du Mont Perdu | 16 S | Urkiola & Aizkorri       | 16 M | 16 J                       |      |
| 17      | S |                     | 17 M | Xorroxin & Iñarbegi            | 17 V |                    | 17 D | 17 M                     | 17 M | 17 V                       |      |
| 18      | D |                     | 18 M |                                | 18 S |                    | 18 L | 18 J                     | 18 J | 18 S                       |      |
| 19      | L | Trail Urkulu        | 19 J | Adi                            | 19 D |                    | 19 M | 19 V                     | 19 V | 19 D                       |      |
| 20      | M |                     | 20 V | Cathédrales d'Amubi            | 20 L |                    | 20 M |                          | 20 S | 20 L                       |      |
| 21      | M | Séjour Mystère      | 21 S |                                | 21 M |                    | 21 J | Pic des Escaliers        | 21 D | 21 M                       |      |
| 22      | J |                     | 22 D |                                | 22 M |                    | 22 V |                          | 22 L | 22 M                       |      |
| 23      | V |                     | 23 L |                                | 23 J | La rhune           | 23 S | Lever de Soleil          | 23 M | 23 J                       |      |
| 24      | S |                     | 24 M |                                | 24 V | Holzarte           | 24 D | Gorbeia                  | 24 M | 24 V                       |      |
| 25      | D |                     | 25 M | Séjour Autonomie Vallée d'Aspe | 25 S |                    | 25 L |                          | 25 J | 25 S                       |      |
| 26      | L |                     | 26 J |                                | 26 D |                    | 26 M | Cascade de Pista         | 26 V | 26 D                       |      |
| 27      | M |                     | 27 V |                                | 27 L |                    | 27 M |                          | 27 S | 27 L                       |      |
| 28      | M |                     | 28 S |                                | 28 M |                    | 28 J | Aiako Harriak            | 28 D | 28 M                       |      |
| 29      | J |                     | 29 D |                                | 29 M | Cirque de Lescun   | 29 V | Jaizkibel Biosnar        | 29 L | 29 M                       |      |
| 30      | V |                     | 30 L |                                | 30 J |                    | 30 S |                          | 30 M | 30 J                       |      |
| 31      | S |                     | 31 M | Haltzamendi & Laina            |      |                    | 31 D |                          |      | 31 V                       |      |



Raquette  
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